



Population and Public Health
 300 Carlton Street, Winnipeg, Manitoba, Canada R3B 3M9
 204-788-6701
 www.manitoba.ca

December 17, 2021

Dear Parent/Guardian,

Manitoba public health officials have advised of at least one confirmed case of COVID-19 in the school on December 15th in Grade 4 when the individual(s) may have been infectious. The school is working closely with public health officials and is following their recommendations. At this time, there is no evidence of further spread in the school, and students can continue to attend school as long as they do not have symptoms of COVID-19 as listed on the following page.

Close contacts have been identified and advised to self-isolate (quarantine). If your child has not been identified as a close contact, public health officials still recommend that you closely monitor your child for symptoms of COVID-19 for two weeks after the exposure date.

If your child develops a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate them from others.

You may go directly to the nearest COVID-19 testing location during their open hours. For the testing site nearest you, please visit <https://manitoba.ca/covid19/testing/index.html>, or call Health Links-Info Santé at 204-788-8200 or toll-free at 1-888-315-9257.

Public health officials are also advising the following for anyone with a household member who is symptomatic, but not identified as a close contact to a confirmed COVID-19 case:

- Household members who have no symptoms should wear a mask and physical distance where possible when outside the household, and avoid leaving the home for non-essential reasons until the symptomatic person's test result is available.

Public health officials are implementing stricter household self-isolation (quarantine) requirements in the _____, excluding the Town of Niverville and the Rural Municipalities of St. François Xavier, Cartier, Headingley, Macdonald, Ritchot, and _____ individual tests negative. If not tested, they should self-isolate (quarantine) for the same _____ as the symptomatic person.

- Fully vaccinated (two doses) or recently infected (within six months) people are exempt from this requirement.
- Asymptomatic designated workers who are not fully vaccinated but part of a regional rapid testing program are also exempt.

If the worker has symptoms or if there is a close contact in the household who has symptoms, the exemption does not apply.

All individuals exempt from self-isolation (quarantine) requirements are exempt from the same requirements.

Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue
Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Individuals with